

PORT HILLS U3A JANUARY 2020 NEWSLETTER

Over the past week I have had the distinct feeling that the festive and holiday season is over as the Christchurch population returns home.. So with this in mind, I think it opportune to remind all members of the start of the U3A year.

We start the year with our Annual General Meeting on Wednesday February 5th at the Presbyterian Church in St. Martins at 10am. A reminder that there will be a tea/coffee served before the meeting and the Sales Table will be open to both donations and buyers. During this meeting the President's Annual Report for 2019 will be read and there will also be a Treasurer's Annual Report. Elections of committee members will take place and the annual fee suggested by the treasurer ratified by the membership.

The speaker at February's meeting is Susan Foster-Cohen speaking on 'Children with Developmental Challenges/Disabilities'

The membership outings this year start with a visit on Wednesday 19th February to the Ashburton Art Gallery and Museum. The group will depart at 10am from PMH and transport will be car sharing with volunteer drivers. There will be a \$20 donation by none driving members to offset costs of transport. The visit will be an all day visit with lunch in Ashburton (café or packed lunch in the park) Look for the details and signup sheets on the table next to the door. Please do not forget to sign in each meeting. Future outings include 'Godley Head and its History' and the new 'Kaiapoi River Cruise'. Look for information on the website.

This year we are hopeful of more interest in the proposed study groups. These are:-

Writing Life Stories (Tutored by Janet Wainscott) 4th Monday of each month 2pm to 4pm at 1 Sunvale Terrace, Cashmere. Start date Monday 23rd March

What is Wisdom? 1st and 3rd Thursdays of the month 2pm-4pm (6 sessions) at 1 Sunvale Terrace, Cashmere Start date Thursday 5th March

Healthy Me (Physical and Mental Health) 1st Monday of the month 2pm-4pm South Library, starting Monday, 2nd March

Sign up sheets will be available at the February meeting and I would ask for a degree of commitment if you decide to enrol.

Other interest groups remain open on the same days and times as last year. If you have new ideas for interest groups please pass them onto myself or any committee member. We also need volunteers to lead groups, although once started, each group member is expected to lend support by leading a session. This fairly distributes the effort necessary for a group to function.

The current committee is losing 4 members: Derham McAven; Denise Crowhen; Brenda Nagle and Rose Catley. On behalf of the membership I would like to thank them for their service over the past years. Derham is the last remaining original member of the Port Hills U3A committee, he is a Life member, and we thank him for his tremendous contribution over the years. It has been difficult finding four members willing to put their names forward for the committee this year, and I thank the four people who have allowed their names to go forward and to be approved at the AGM

A newsletter will be published as changes and information come to hand.

Best wishes to all
Wendy

