



Website: www.u3aporthills.org.nz

Bank Account Number: 38-90060413325-00



THE UNIVERSITY OF THE THIRD AGE

Newsletter May 2022

Port Hills U3A

Covid Update

In order not to put our members at risk, we are asking everyone attending our May meeting to wear a mask and to keep social distancing. We will not be having morning tea at this time. Covid passes are NOT required.

Next Meeting: Wednesday 4th May 2022

Venue: St Martin's Presbyterian Church, 43 St Martins Road, St Martins

10:00 Dr David Smyth *The Black Death in Europe 1347 – 1666 (Don't Blame The Rats)*

The Black Death arrived in Messina Sicily in 1347 from the Levant, and by 1350 it had reached the Arctic Circle. The case mortality was almost 100% and killed 40% of the European population. The Black Death ended in 1670.

Dr Smyth has been a consultant cardiologist at CDHB for 28 years. He was trained in London and is currently the Chief of Medicine at CDHB.

11:00 Monthly Meeting

Membership Subs

A reminder to all U3A members that the subs for 2022 are now due. The annual sub is \$20 per person.

There are two ways to pay your sub:

1. You can make an internet payment to our bank account: 38-90060413325-00. Please put your name in the reference box so we will know who is making the payment.
or
2. Pay by cash at the monthly meeting.

Thank you,
Graeme Ell,
Treasurer, Port Hills U3A

Mid-Winter Lunch

Wednesday 6, July

Rossendale Wines, 100 Old Taitapu Road, Kennedys Bush

Lunch will follow our regular July monthly meeting.



Our annual Mid-Winter Lunch will be taking place at Rossendale Wines, 100 Old Taitapu Road, Kennedys Bush.

Lunch will start with canapes followed by a sit-down buffet and dessert, please see the menu to the right.

The Port Hills U3A will contribute \$25 to each member's lunch so that the cost to each member will be \$25.



To Start

Chef's Choice of canapés served during pre-lunch drinks

Buffet Menu

3 Mains

Spiced Honey Glazed Ham (GF) – Lamb Tagine (GF) - Moroccan Chicken (GF)

Sides

Rosemary and Rock Salt Roast Potatoes – Winter Vegetable Medley – Black and White Rice

Salads

Beetroot, Walnut and Feta - Spiced Carrot & Lentil – GF Option

Fresh Baked Bread – GF option

Desserts

Sticky Date Pudding - Vanilla Panna cotta (*lemon curd*)

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Chocolate & Coconut Truffles

Tea and Coffee



To book your lunch, a payment of \$25 per person must be paid by Sunday 26th June so we can confirm the number of attendees with Rossendale Wines.

1. You can make an internet payment to our bank account: 38-90060413325-00. Please put your name in the reference box so we will know who is making the payment, and the word 'Lunch' in the code or particulars box.
or
2. Pay by cash at the monthly meeting.

Study Groups for 2022

This has been an unusual year for us, for most people in New Zealand, and for around the world. Covid has changed the way we live our lives, wearing masks, covid tracing, vaccines and boosters, social distancing, lockdowns and for many of us, separation from family and friends. The Port Hills U3A has continued to have our regular monthly meetings with great speakers all though the year by following the 'covid' safe rules for groups gathering together.

However, the number of people coming to our meetings has been reduced. This has meant we have not been able to get the new study groups for 2022 up and running. We are still hopeful we can get them started but not until later in the year when hopefully the number of members attending our meetings is more normal. We then be able to gauge interest and get the groups up and running.

Future Meeting Speakers

<u>June 1st</u>	Suky Thompson	<u><i>Building Environmental Guardians of the Future</i></u>
<u>July 6^h</u>	Coroner Sue Johnson	<u><i>The Role Of The Coroner</i></u>
<u>August 3rd</u>	William Stedman	<u><i>High Performance Paralympian</i></u>
<u>September 7th</u>	Caroline Johnson	<u><i>The Past, the Present and the Future of the NZ Red Cross</i></u>
<u>October 5th</u>	John Sullivan	<u><i>Canterbury Community Law</i></u>

Contributions and Donations

Food Aotearoa



There is a great need for food in our community, as many people are doing without enough to eat. You can donate packaged or canned food including baby food as well as fresh food such as fruits and vegetables to Food Aotearoa

Wool Donations



Wool or other knitting yarns (any size balls or bits) and also volunteer knitters are needed to help crochet blankets or knit jerseys for pre-schoolers. These are given mainly to the Plunket Outreach programme, Salvation Army programme and other charities as needed. Please bring donations to our monthly meetings.

Helene Mautner
for the Port Hills U3A Committee
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