



Website: [www.u3aporthills.org.nz](http://www.u3aporthills.org.nz)

Bank Account Number: 38-90060413325-00



THE UNIVERSITY OF THE THIRD AGE

## Newsletter November 2022

### Port Hills U3A



*Next Meeting: Wednesday 2, November 2022*

**Venue:** St Martin's Presbyterian Church, 43 St Martins Road, St Martins

**9:30** Socialising at Morning Tea

**10:00** **Speaker** Judith Coullie History of Safaris and Recent Tales of Safaris

Judith obtained her MA in English literature from Syracuse University (USA) and PhD from the University of Natal (South Africa). Before immigrating to New Zealand, she was Professor of English at the University of KwaZulu-Natal.

Her book publications include a compilation of South African women's life writing (*The Closest of Strangers*, 2004); an edited collection of critical essays on Breyten Breytenbach (2004); a CD on the poet Roy Campbell (2004); interviews on southern African auto/biography (2006), and the memoirs of Roy Campbell's daughters (2011). More recently, she co-edited *Antjie Krog: An Ethics of Body and Otherness* (2014).

She has been working as a Learning Advisor at the University of Canterbury since 2014.

**11:00** Our Monthly Meeting

### *Masks*

We know that mask wearing is now voluntary, however, the committee highly recommends that you wear a mask during our main meeting.

*First published on NZ Herald.co.nz 27 October 2022*

"The Ministry of Health reported 16,399 cases over the past week - an increase of about 2000 infections in seven days. New Covid-19 infections have jumped by more than 1500 cases in a day as sickness levels ramp up and a third wave of the year looms large."



## *Our Christmas Meeting – Wednesday 7<sup>th</sup> December*



**Immediately following our December 7<sup>th</sup> meeting, we will be holding our**

### ***Christmas Function***

**at the St Martin's Presbyterian Church, 43 St Martins Road**

**Our special guest speaker**

**is the well-known Christchurch writer Joe Bennett**

We will be following the rules of the St Martin's Presbyterian Church which limits the number of people attending events at its venue to **120 people**.

**Joe Bennett was born in England and immigrated to New Zealand when he was 29. Before his writing career he worked as an English teacher at Christ's College in Christchurch. During this time, he wrote the words to the musical "Tramps" which was presented as a co-production between Christ's College and St Margaret's College in 1994.**

**Mr Bennett is a columnist for the Christchurch's newspaper The Press and for New Zealand Gardener as well as being an author.**



## *History of Ireland Video Talk*

There was a problem with the zoom meeting at the start of the History of Ireland talk and some members were unable to join the live meeting. The good news is that the talk had been recorded and it is available via the link below if you wish to watch it. The talk starts about 5 minutes into the recording.

Link:

<https://us02web.zoom.us/rec/share/tqrOWwFgvx91sIX2zfC2EiMoBxY0eziAVBvwZ3H9xq7KyW58l6jW8sESHnzsIzTS.-iQdW80QKIYmgiQY>

Passcode: **smakKBC0@**

The talk is also available on our Facebook page U3A Online



## *Field Trip* *The National Park City and Te Pātaka o Rākaihautū* *Banks Peninsula Geopark*

An opportunity for Port Hills U3A members to join an upcoming full day bus field trip.

See the following details:

The National Park City and Te Pātaka o Rākaihautū Banks Peninsula Geopark  
22<sup>nd</sup> November (full day) bus trip  
Price: \$45 per person - Max: 28 participants

Happening as part of the NZ Geographical Society Conference being held in Otautahi/Christchurch 22-24th.

This field trip, led by Dr Colin Meurk and Dr Sam Hampton, explores two interrelated projects to reimagine landscape and place. The concept of a National Park City has been promoted as a global strategy for greening cities and engaging people with nature and recently spurred action to have Ōtautahi Christchurch recognised as a National Park City. Underpinning these efforts is Te Pātaka o Rākaihautū Banks Peninsula Geopark, which weaves together stories of land-forming processes, flora and fauna, people, culture and communities, creating deeper understandings and sense of connection to place. The field trip will highlight and discuss the many facets of the City that fulfil criteria for NPC status – how these shape conservation, regeneration, community and historical legibility within an Aotearoa New Zealand context – for any city.

The full day field trip commences at 8:30am and ends at approximately 5:30/6pm.

Sam Hampton, *BSc (Hons), PhD*  
Director, VolcanicKED Ltd  
17 Ramahana Rd, Huntsbury, Christchurch, 8022, NZ  
02108826875  
[volcanicked@gmail.com](mailto:volcanicked@gmail.com)



The U3A committee received the following information about a PhD research project at the University of Canterbury.

*Research Project in Tinnitus*  
*(Tinnitus is a ringing or buzzing noise in one or both ears.)*

My name is MinChul Park and I am an Audiologist and PhD Candidate at the University of Canterbury.

I am conducting research on tinnitus and I am looking for those willing to take part in my PhD research project.

There are two research sessions: the first session is about 2 hours and the second session is about 3 hours. This can be done in a single day or over two days.

At the conclusion of each study session, you will receive \$20 voucher as a token of my appreciation.

The primary criteria to participate are that you:

1. **You do not have tinnitus.**
2. **You have the same hearing in both ears.**  
**If you are not sure I can test your hearing for you free of charge.**

If you fit both of the above criteria and wish to participate, please contact me on:

MinChul Park, Audiologist and PhD student

School of Psychology, Speech and Hearing  
The University of Canterbury

Email: [minchul.park@pg.canterbury.ac.nz](mailto:minchul.park@pg.canterbury.ac.nz)

Phone: 021 234 2350



*Our Port Hills U3A Special Interest Groups  
have been out and about enjoying spring.*

### *The Cycling Group*

On Labour Day a group of 8 very happy bikers biked through the city and then out to Ferrymead. The photo was taken along the Heathcote River.



### *The Botany Group*

The Botany group toured Riccarton Bush in September. Thanks to Judi Guest for her photos.



It would be great to share photos of your group's activities in our newsletter. Please send photos and a brief description of your activities to: Helene at [h.mautner@xtra.co.nz](mailto:h.mautner@xtra.co.nz)

*We'd love to see hear your stories and see your photos*

# *Contributions and Donations*

## *Food Aotearoa and Knitting Wool*

Thanks to our members for their continued support of Food Aotearoa and our collection of knitting wool. These are two very important and worthwhile community projects.

You are welcome to donate cans and/or packaged food, including baby food, as well as fresh food such as fruits and vegetables.

The wool is used by volunteer knitters to crochet blankets or knit jerseys for pre-schoolers. Finished items are mainly given to the Plunket Outreach programme, Salvation Army programme and other charities as needed.



Please contact Naida Murray on 338 5030 if you have any questions, or check at our monthly meeting.



Your contributions can be placed in the boxes in the entrance foyer.

Helene Mautner  
for the Port Hills U3A Committee  
[h.mautner@xtra.co.nz](mailto:h.mautner@xtra.co.nz)