



Website: www.u3aporthills.org.nz

Bank Account Number: 38-90060413325-00



THE UNIVERSITY OF THE THIRD AGE

Newsletter March 2022

Port Hills U3A

Our Port Hills U3A Committee is unwavering in its determination to hold safe monthly meetings for all to enjoy. We continue to have great speakers who both entertain and inform us. Because of our careful management of getting our vaccines, wearing masks, and keeping a bit of a distance apart, our meetings continue to be a wonderful opportunity to meet and socialise.

Covid Update

We will continue to follow the government's guidelines for **Red** in the traffic light system as well as the St Martins Church's covid requirements for our March meeting. Hope to see you on Wednesday

To attend the March meeting

- ✓ You must have a covid pass
- ✓ You must wear a mask.

- The number of attendees is restricted to 85 people.
You don't have to register beforehand, but **please note** that after we reach 85 people, we will have to close the doors.
- We will start the meeting promptly **at 10am**.
- There will be no morning tea and no collection for Creative Junk.
- Please bring a food donation for the Aotearoa Foodbank.

Next Meeting: Wednesday 2nd March 2022

Venue: St Martin's Presbyterian Church, 43 St Martins Road, St Martins

10:00 Rev Andrew Donaldson *Spirituality in Modern Life*

Rev Donaldson trained as a Methodist Presbyterian and has also worked in Presbyterian, Anglican and Metropolitan Community Churches parishes. Presently he serves as Presbyter to the Christchurch South Methodist Parish in St Marks church Somerfield. He also served for a term as Central South Island (Canterbury) Synod Co-Superintendent following the earthquakes. He holds degrees in Sociology, Religious Studies (majoring in Hinduism) Theology and Education, with an interest in interfaith dialogue with engagement in the Canterbury Interfaith Society.

11:00 Monthly Meeting

Membership Subs

A reminder to all members that the subs for 2022 are due now. The annual sub is \$20 per person. Because cheques are no longer being used by banks, we cannot accept them. There are two ways to pay your sub:

- You can make an internet payment to our bank account: 38-90060413325-00. Please put your name in the reference box so we can know who is making the payment.
- or
- Pay by cash at the monthly meeting.

Thank you,
Graeme Ell,
Treasurer, Port Hills U3A

Study Groups for 2022

Study groups are an important part of U3A and at the end of last year we asked members to choose from a number of options. Four study options were chosen as outlined below:

U3A online

Design in Your Life Looks critically at some modern design concepts, including age issues. To consider accessibility and appeal for the whole community including older people.

Thoreau, Emerson and the Conduct of Life Philosophers Henry Thoreau and Ralph Waldo Emerson present their ideas to improve the quality of an individual's life.

Self-directed learning

The University of Canterbury online lectures

Maori Language and Culture

We had hoped to get these courses underway at our last meeting. However, because we had fewer people attending there were not enough interested people for the groups to be set up. As soon as the attendance at our meetings is back to more normal numbers, we will endeavour to get the courses established.

If you are interested in the U3A online course you can see their content by following the steps below and could start to explore the material yourself. It might be a good way to fight the effects of Covid!

Here's how you can access the courses.

- 1) Go to www.u3aonline.org.au/lounge
- 2) Login: Access code
Password
- 3) Scroll down to Your Courses
- 4) You will see the two courses mentioned above in the box
- 5) Click on the title to see the course material

Future Meeting Speakers

<u>April 6th</u>	To be confirmed	
<u>May 4th</u>	Nic Low	<u><i>Walking the Old Ngai Tahu Trails across the Southern Alps</i></u>
<u>June 1st</u>	Suky Thompson	<u><i>Building Environmental Guardians of the Future</i></u>
<u>July 7th</u>	Tanya Jenkins	<u><i>Heathcote / Avon Estuary</i></u>
<u>August 3rd</u>	To be confirmed	
<u>September 7th</u>	Caroline Johnson	<u><i>The past, the present and the future of the NZ Red Cross</i></u>
<u>October 5th</u>	John Sullivan	<u><i>Canterbury Community Law</i></u>

Contributions and Donations

Food Aotearoa

There is a great need for food in our community, as many people are doing without enough to eat. You can donate packaged or canned food including baby food as well as fresh food such as fruits and vegetables to Food Aotearoa.



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