



Website: www.u3aporthills.org.nz

Bank Account Number: 38-90060413325-00



THE UNIVERSITY OF THE THIRD AGE

Newsletter February 2022

Port Hills U3A

Covid Update

Now that we have moved into **Red** of the Traffic Light System, we will be following the government's guidelines for meetings as well as the St Martins Church's covid requirements for our February meeting.

Covid Pass - You must present a covid pass to attend the meeting

- Attendance at the February meeting:
 - We are restricting the number of attendees to 85 people. You don't have to register beforehand, but **please note** that after we reach our maximum number of 85 people, we will have to close the doors.
 - This will allow us to observe the 1-metre distancing rule.
- There will be **no** morning tea.
- We will start the meeting promptly **at 10am**.
- There will be **no** collection for Creative Junk.
- Please bring a food for the Aotearoa Foodbank
- **You must wear a mask**
- **You must present a Covid Pass**

Next Meeting: Wednesday 2nd February 2022

We will be holding our Annual General Meeting following the speaker

Nominations for the Committee are still open if you would like join.

We are an organisation of members and by members and we welcome new members to join the committee.

Venue: St Martin's Presbyterian Church, 43 St Martins Road, St Martins

9:30 Social and Morning Tea

10:00 Paul Miller *How to Write a Literary Biography*

Paul Millar is a Professor of English Literature and Digital Humanities in the School of Humanities and Creative Arts at the University of Canterbury. His research interests include the literature of Aotearoa New Zealand, Life Writing, and Cultural Heritage Digital Archiving. Following the 2010/2011 Canterbury earthquakes he founded the CEISMIC Canterbury Earthquakes Digital Archive (www.ceismic.org.nz), a cultural heritage database that collects stories, images and media about the earthquakes' impacts for the purposes of commemoration, teaching and research.

11:00 Port Hills U3A Annual General Meeting

Study Groups for 2022

Our two new study groups for 2022 are:

Design in Your Life Looks critically at some modern design concepts, including age issues. To consider accessibility and appeal for the whole community including older people.

Thoreau, Emerson and the Conduct of Life Philosophers Henry Thoreau and Ralph Waldo Emerson present their ideas to improve the quality of an individual's life.

To access the courses, use the following instructions:

- 1) Go to www.u3aonline.org.au/lounge
- 2) Login: Access code **u3aporthills**
Password **hoonhay8025**
- 3) Click on **Our courses**
- 4) Click on **Independent study courses**
- 5) Scroll down until you see one of the courses you want to access and click on **View**

You should now have full access to this course.

Important

Members who are interested in joining one or both of the study groups will meet together at the end of our February meeting to decide on a date, time, coordinator and venue for their first meeting.

New groups are advised to find their own meeting venues because there are currently no available rooms at the South Library.

News from our Special Interest and Study Groups



The Art Appreciation Group From Judi Guest

On Monday December 13th the Art Appreciation group, had our Christmas lunch at Terry's house. We sat around at her huge dining table and 12 of us had a lovely lunch which everyone bought along to share. Very scrumptious. In all a good day!!

It would be great to share photos of our special interest and study groups, so, if you would like your group featured in our newsletter, please email Helene on h.mautner@xtra.co.nz.

Future Meeting Speakers

March 2nd 2022

Rev Andrew Donaldson

Spirituality in Modern Life

I trained as a Methodist Presbyterian and besides the Methodist Church; I have worked in Presbyterian, Anglican and Metropolitan Community Churches parishes. Presently I serve as Presbyterian to the Christchurch South Methodist Parish in St Marks church Somerfield. While at St Mark's I served for a term as Central South Island (Canterbury) Synod Co-Superintendent following the earthquakes.

I hold degrees in Sociology, Religious Studies (majoring in Hinduism) Theology and Education. I have an interest in interfaith dialogue with engagement in the Canterbury Interfaith Society.

The words faith, spiritual, and religious for the most part used interchangeably. Each word comes surrounded by various meanings and with their own baggage. The topic is spirituality. Are human's spiritual beings? If so, what might it mean to be spiritual?

April 6th

To be confirmed

May 4th

Nic Low

Walking the Old Ngai Tahu Trails across the Southern Alps

June 1st

Suky Thompson

Building Environmental Guardians of the Future

July 7th

Tanya Jenkins

Heathcote / Avon Estuary

August 3rd

To be confirmed

September 7th

Caroline Johnson

The past, the present and the future of the NZ Red Cross

October 5th

John Sullivan

Canterbury Community Law

Contributions and Donations

Food Aotearoa

There is a great need for food in our community, as many people are doing without enough to eat. You can donate packaged or canned food including baby food as well as fresh food such as fruits and vegetables to Food Aotearoa.



At the December meeting the membership decided to no longer support the Sales Table.

Helene Mautner
for the Port Hills U3A Committee
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