



Website: www.u3aporthills.org.nz

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THE UNIVERSITY OF THE THIRD AGE

Newsletter September 2021

Port Hills U3A

Covid Updates

Hello Members,

On Friday afternoon NZ Government announced that the whole country will remain at level 4 until Tuesday midnight, and then the South Island will move to level 3. The restrictions on level 3 limit the number of people allowed to gather together to 10 people, and only for:

- weddings and civil union ceremonies, and
- funerals and tangihanga.

So, we have:

Cancelled our next meeting scheduled for Wednesday 1st of September.

Interest and study groups should also be following the NZ Government level 3 meeting restrictions.

Individual groups, where appropriate, may choose to meet using the popular computer Zoom application.

U3A Friendship and Fellowship

Hello Members,

Some of you may recall that last year during the Covid lockdown we implemented a phone contact list for members who were feeling stressed and isolated by enforced lockdown.

Many of us live alone and feelings of isolation are best remedied by human contact. It is with this in mind that four of our committee members are more than happy to be the recipients of phone calls from people requiring warmth, humour and fellowship to break the tedium of the day. These people are:

Wendy Gallagher 0220905982

Malcolm Robinson 0220979589

Amama Thornley 0210439872

Anneke Howie 0210774066

Please do not hesitate to contact one of the above people. A warm friendly response is guaranteed.

Wendy Gallagher

Monthly Sales Table



Have you stopped by our sales table lately? At each monthly meeting our sales table is set up with a variety of items for sale. Members are asked to contribute items that are 'excess to their requirements'. Maybe it's the book you read and don't plan to read again, or the lovely birthday present that just wasn't your colour, or perhaps it could be the craft item you so much enjoyed making and now you don't know what to do with it! Bring it to the U3A sales table; it might be just the thing someone is looking for,

and while you're there, look around at the interesting things for sale. There could be a bargain waiting for you!

All money collected from the sales table goes to supporting the activities of the Port Hills U3A.



Announcements - Notices - Reminders

Future Meeting Speakers

October 6th

Nic Low

Walking the old Ngai Tahu Trails Across the Southern Alps.

Nic is a Ngai Tahu author and arts organiser. He is currently working on his second book, *Uprising*, a history of the southern alps from a Ngai Tahu perspective told through walking journeys. He has already completed the fun part - fifteen journeys on foot through the mountains retracing historic routes - and is now trying to finish off the writing and editing whilst raising a toddler!

November 3rd

Paul Miller

How to Write a Literary Biography

December 1st

Amanda Atlas

Training and Working as an International Opera Singer

Amanda is a New Zealand dramatic soprano, embarking on her international career in 1999, spending ten years singing leading roles for various opera companies and orchestras in the US and Europe. Amanda is now based in New Zealand and Australia. Upcoming engagements include her debut with the Auckland Philharmonic Orchestra

Peter's Antarctic connections stem from the heroic era when his Grandfather Mortimer McCarthy served with Captain Robert Falcon Scott's British Antarctic Expedition 1910-1913 on-board the Terra Nova. He is Programme Planner for Antarctica New Zealand in the Christchurch, and for six summer seasons 2011-2016 he was the Programme Support Supervisor at Scott Base

Contributions and Donations

As you walk into the front entrance foyer of the St. Martins Presbyterian Church for our monthly meetings, it's a delight to see all the bags of donated goods contributed by our members. Our charitable donations include, wool, yarns and knitted items for children, food for people in need, and clean recyclable materials to help our children learn (and saving stuff from going to landfill!). Small donations from a lot of people add up to making a better community.

Thanks for your contributions.

Greetings Members.

COVID lockdown has given me the opportunity to start making children's polar fleece hoodies to donate to the Plunket Society for the needy of our city (via Naida Murray's collection).

I have just about used up my supply of polar fleece and heavy knits pieces and off cuts and zips and am sending out an appeal for fabric donations.

Please have a look in your fabric cupboard for any fabric or zips suitable for making into hoodies.

Many thanks for the people who have already donated. Hopefully you will recognise your fabric in its new form at the next monthly meeting.

Wendy Gallagher



. Recyclables

Creative Junk will not be collected at our monthly U3A Meetings until we are down to Level 1 Covid restrictions. However, please do continue to gather Creative Junk items (if you have the garage space) for future collections. Please add any spare **buttons**, however few, to your contribution, these can be glued onto paper to make patterns and bright pictures.

Thank you to everyone who has brought items along, your contributions are always welcome at the Creative Junk warehouse.

Jo Lord.

Wool Donations



Wool or other knitting yarns (any size balls or bits) and also volunteer knitters are needed to help crochet blankets or knit jerseys for pre- schoolers. These are given mainly to the Plunket Outreach programme, Salvation Army programme and other charities as needed. Please bring donations to our monthly meetings

Food Aotearoa

There is a great need for food in our community, as many people are doing without enough to eat. You can donate packaged/canned food, including baby food as well as fresh food such as fruits and vegetables to Food Aotearoa.



Helene Mautner
for the Port Hills U3A Committee